

...announcing the 3rd Annual North Shore RFC...

rugby road race

3 Mile Run & Walk--Sunday, August 21, 2011 at 10 AM

**A three mile footrace and walk along coastal roads
through beautiful seaside Nahant, Massachusetts.**

Start & Finish: The Kelly Greens, 1 Willow Rd. Nahant, MA 01908

Full trophies and prizes, plus our traditional great party and raffle!

\$15 Entry Fee \$20 with shirt

Kids (U-16) Free without shirt.

Shirts available for \$5 each

Portions of proceeds benefit Nahant Public Schools, North Shore RFC

Youth Rugby and the North Shore RFC.

OnLine Reg: http://www.runraceregister.com/regliveCB.aspx?eventyear_id=138

Name: _____

Address _____

Tel# _____ E-mail _____

Age: _____ Gender: _____ Shirt Yes / No

Size (circle): Small, Medium, Large, XL, XXL or Youth Large.

Total amount enclosed \$ _____ (No Refunds!)

Mail entry: Dan Solomon 72 Marblehead St. North Reading, MA 01864

In consideration of acceptance of this entry, I, my heirs, executors, administrators and assigns, I hereby waive and release any and all rights and/or claims for any form of damages I may have or incur against any and all sponsors, race organizers, employees, volunteers and all persons associated in any way with this race, including but not limited to The North Shore Rugby Football Club, Kelly Greens and the Town of Nahant, for any and all injuries or other damage of any kind suffered by me in competing, attending or traveling to or from this event. I attest that I have trained for and am sufficiently fit to compete in this event. I also release my image for any photography, video or other film coverage of this event.

Date _____

Race Director, Dan Solomon
Produced by **ULTRA Marketing**

Signature, by participant or parent if under 18